

# Patient Summary Form

PSF-750 (Rev. 7/1/2015)

### Instructions

Please complete this form within the specified timeframe. All PSF submissions should be completed online at [www.myoptumhealthphysicalhealth.com](http://www.myoptumhealthphysicalhealth.com) unless otherwise instructed.

Please review the Plan Summary for more information.

### Patient Information

Female  
 Male

Patient name: Last [ ] First [ ] MI [ ] Patient date of birth: [ ] [ ] [ ]

Patient address: [ ] City: [ ] State: [ ] Zip code: [ ]

Patient insurance ID#: [ ] Health plan: [ ] Group number: [ ]

Referring physician (if applicable): [ ] Date referral issued (if applicable): [ ] Referral number (if applicable): [ ]

### Provider Information

1. Name of the billing provider or facility (as it will appear on the claim form) [ ] 2. Federal tax ID(TIN) of entity in box #1 [ ]

3. Name and credentials of the individual performing the service(s) [ ]

4. Alternate name (if any) of entity in box #1 [ ] 5. NPI of entity in box #1 [ ] 6. Phone number [ ]

7. Address of the billing provider or facility indicated in box #1 [ ] 8. City [ ] 9. State [ ] 10. Zip code [ ]

### Provider Completes This Section:

**Date you want THIS submission to begin:** [ ] [ ] [ ]

**Patient Type**  
 (1) New to your office  
 (2) Est'd, new injury  
 (3) Est'd, new episode  
 (4) Est'd, continuing care

**Cause of Current Episode**  
 (1) Traumatic  (4) Post-surgical  
 (2) Unspecified  (5) Work related  
 (3) Repetitive  (6) Motor vehicle

**Date of Surgery** [ ] [ ] [ ]

**Type of Surgery**  
 (1) ACL Reconstruction  
 (2) Rotator Cuff/Labral Repair  
 (3) Tendon Repair  
 (4) Spinal Fusion  
 (5) Joint Replacement  
 (6) Other [ ]

**Diagnosis (ICD codes)**  
 Please ensure all digits are entered accurately  
 1° [ ] [ ] [ ] [ ] [ ] [ ]  
 2° [ ] [ ] [ ] [ ] [ ] [ ]  
 3° [ ] [ ] [ ] [ ] [ ] [ ]  
 4° [ ] [ ] [ ] [ ] [ ] [ ]

**Nature of Condition**  
 (1) Initial onset (within last 3 months)  
 (2) Recurrent (multiple episodes of < 3 months)  
 (3) Chronic (continuous duration > 3 months)

**DC ONLY**  
**Anticipated CMT Level**  
 98940  98942  
 98941  98943

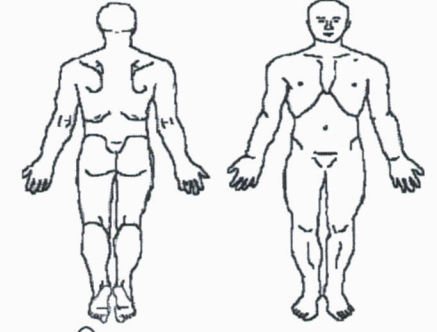
**Current Functional Measure Score**  
 Neck Index [ ] DASH [ ] [ ] [ ]  
 Back Index [ ] LEFS [ ] [ ] [ ] (other FOM)

### Patient Completes This Section:

Symptoms began on: [ ] [ ] [ ]

1. Briefly describe your symptoms: \_\_\_\_\_  
 2. How did your symptoms start? \_\_\_\_\_  
 3. Average pain intensity:  
 Last 24 hours: no pain (0) (1) (2) (3) (4) (5) (6) (7) (8) (9) (10) worst pain  
 Past week: no pain (0) (1) (2) (3) (4) (5) (6) (7) (8) (9) (10) worst pain  
 4. How often do you experience your symptoms?  
 (1) Constantly (76%-100% of the time)  (2) Frequently (51%-75% of the time)  (3) Occasionally (26% - 50% of the time)  (4) Intermittently (0%-25% of the time)  
 5. How much have your symptoms interfered with your usual daily activities? (including both work outside the home and housework)  
 (1) Not at all  (2) A little bit  (3) Moderately  (4) Quite a bit  (5) Extremely  
 6. How is your condition changing, since care began at this facility?  
 (0) N/A — This is the initial visit  (1) Much worse  (2) Worse  (3) A little worse  (4) No change  (5) A little better  (6) Better  (7) Much better  
 7. In general, would you say your overall health right now is...  
 (1) Excellent  (2) Very good  (3) Good  (4) Fair  (5) Poor

Indicate where you have pain or other symptoms:



Patient Signature: X Date: \_\_\_\_\_

## The STarT Back Musculoskeletal Screening Tool

Patient name: \_\_\_\_\_ Date: \_\_\_\_\_

Thinking about the **last 2 weeks** tick your response to the following questions:

	Disagree 0	Agree 1
1 My pain has <b>spread</b> at some time in the past 2 weeks	<input type="checkbox"/>	<input type="checkbox"/>
2 In addition to my main pain, I have had <b>pain elsewhere</b> in the last 2 weeks	<input type="checkbox"/>	<input type="checkbox"/>
3 In the last 2 weeks, I have only <b>walked short distances</b> because of my pain	<input type="checkbox"/>	<input type="checkbox"/>
4 In the last 2 weeks, I have <b>dressed more slowly</b> than usual because of my pain	<input type="checkbox"/>	<input type="checkbox"/>
5 It's really not safe for a person with a condition like mine to be physically active	<input type="checkbox"/>	<input type="checkbox"/>
6 <b>Worrying thoughts</b> have been going through my mind a lot of the time in the last 2 weeks	<input type="checkbox"/>	<input type="checkbox"/>
7 I feel that <b>my pain is terrible</b> and that it's <b>never going to get any better</b>	<input type="checkbox"/>	<input type="checkbox"/>
8 In general in the last 2 weeks, I have <b>not enjoyed</b> all the things I used to enjoy	<input type="checkbox"/>	<input type="checkbox"/>

9. Overall, how **bothersome** has your pain been in the last 2 weeks?

Not at all	Slightly	Moderately	Very much	Extremely
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
0	0	0	1	1